



EMERGENCY FOOD PACKAGES for families temporarily living in hotels in Elizabeth NJ
Please consider donating the following “hotel friendly” (ready to eat or microwavable) items and pack them in small coolers or clean reusable grocery bags. Packages should cost \$40-\$50 to compile and will help a family for a week or more.

- 1 cereal or oatmeal box
- 1 shelf-stable milk (or milk alternative) quart container or 4 single serve sizes
- 1 box of crackers
- 1 box of granola bars
- 1 large plastic bottle of juice or 4 small bottles of water or juice
- 3 cans of tuna
- 2 packages of fruit or applesauce cups
- 3 microwaveable soups
- 4 mac n' cheese or other microwave meals
- 1 nut butter
- 1 jelly

Additional items that would be helpful include: paper plates, cups, napkins, plastic utensils and additional shelf stable milk or milk alternatives, and reusable grocery bags.

NO GLASS PLEASE!