GREATER METROWEST CAREGIVER RESOURCES

General Caregiver Resources:
Greater MetroWest Community Partners – JHelp is the Jewish Federation resource to connect you to the services you are seeking.

Pastoral Care Services – Experienced chaplains visit individuals in area hospitals & senior living facilities.

Mental Health Resource Guide – A guide providing information, guidance, and resources to help navigate the services to those in our Jewish community.

Self-Care for Caregivers – 6-week Zoom group to learn how to care of yourself while taking care of others.

Caregiver: A Love Story Resources - National resources for caregivers

Resources for Caregivers of Older Adults:
Greater MetroWest CARES – Network of services & resources supporting older adults & their families.

Spiritual Guidance and Connection for Seniors and Their Families - As a complement to congregational clergy, a community chaplain from Jewish Federation of Greater MetroWest NJ is available to offer professional guidance and support to individuals and their caretakers at no charge.

Care Consultation, JFS MetroWest, (973) 637-1740

Services for Holocaust Survivors
JFS Central NJ
JFS MetroWest
Pastoral Care Services

Resources for Caregivers of People with Disabilities:
Greater MetroWest ABLE – Network of services and resources supporting people with disabilities and their families.

Coordinated Care of MetroWest - Service which assists and supports individuals, families, and/or caregivers living in Greater MetroWest NJ who are overseeing the lifetime care of adults with developmental or acquired disabilities.
**Support Coordination Services** - Support Coordination strives to promote individual choice and community inclusiveness by partnering with individuals and their families to ensure access to supportive services.

*JFS MetroWest*
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